Postop Baclofen Pump - Nursing Care Plan

1. Temp Q shift & prn (if temp > 38 c, notify physician)

2. “SPINAL HEADACHE” OR LUMBAR PUNCTURE may occur 24 hrs to 2 weeks due to spinal fluid leaking around the catheter site in lumbar area.
   - To prevent “spinal headaches”, rest post op with head down. Headaches will occur when sitting up. First 3 days post op elevate head for meals only. Up as tolerated.
   - Lay down when spinal headache occurs.!!
   - If headache persistent over 48hrs notify baclofen clinic or physician.
   - If headache continues after laying down and/or a fever occurs, immediately notify clinic. - possible bacterial meningitis.
   - Observe for signs of bacterial meningitis.
   - Observe for any wound infection, Notify clinic or surgeon immediately, if any drainage from lumbar site.

3. Check both wound sites q 8 hrs (back and abdomen sites) for drainage. REPORT ANY DRAINAGE TO CLINIC.

4. Change initial dressing 3rd post-op day, and then every third day. Notify clinic/physician if sites are red, swollen, suspect an infection, or any drainage.

5. Wear ABD, Binder X 24 hrs. for 2 weeks. Limit twisting and excessive bending for 6 weeks post op.
   Loosen binder q 8 hrs X 20-25 mins., preferably when lying or resting in bed.

6. Sponge bath only for 2 weeks (keep both dressing dry – lumbar/abd sites)
   No bath or shower until clinic/physician gives permission.

7. No excessive bending at the waist greater than 90 degrees or excessive twisting for 6 weeks post op.

8. Observe for 3 pump symptoms: if any symptoms noted, please notify clinic/physician.

   (A) Possible Overdose - CNS depression
   - drowsiness
   - lightheadedness
   - progressive weakness in upper limbs
   - decrease in breathing
   - coma
   - hyotension

   (B) Possible withdrawal
   - sudden onset of pain/spasms
   - severe headaches
   - disorientated/ confused
   - seizures
   - itchy prickly skin
   - tachycardia

   (C) Bacterial Menningitis
   - temp 38C or >
   - persistent headaches
   - stiff neck
   - sensitivity to light
   - nausea and/or vomiting

   (D) Wound Management
   - redness, swelling and/or drainage from the lumbar or abdomen site.
   - Notify the clinic ASAP or surgeon, or go to VGH ER.

Surgeon:........................ Office:.................................

Baclofen Clinic at GF Strong Rehab. (Monday – Friday, 7am – 3pm) 604-734-1313 x 2193

AFTER CLINICAL HOURS, Please call the GFS physician on call to assist you with your pump system @ VGH – 604-875-4111.